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## Congratulations on your graduation from physical therapy! Thank you for all your hard work, attentive listening, and dedication

We love hearing success stories from our patients, past and present

What are a few things you learned about physical therapy, your body, or your condition from coming to Capital Area Physical Therapy (how did we educate you on: pain, postures, positioning, body mechanics, how to protect yourself, etc)?

I hearved about my core muscles and how to make
then Stroyer
Think back to when you first started coming. What are a few things you can do now that
you were unable to do before working with us?
I am more Aware of my movements and how to
do things Right
Can you think of any other comments or advice you would give to future patients of
Capital Area Physical Therapy and Wellness?
I Felt Like Andrew treated my condition with tenowledge
shout what I Should do - Mut just but packs and a
the et of Prefuses le les luis very impressed with
how personal each visit was, thanks so much the all the stoft
who were Very Friendly-