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**Congratulations on your graduation from physical therapy!
Thank you for all your hard work, attentive listening, and dedication**

We love hearing success stories from our patients, past and present

What are a few things you learned about physical therapy, your body, or your condition from coming to Capital Area Physical Therapy (how did we educate you on: pain, postures, positioning, body mechanics, how to protect yourself, etc)?

AFTER TWO VISIT IT WAS MADE CLEAR TO ME THAT MY POSTURE ON MY FOOT WAS NOT CORRECT. WITH THE HELP OF THERAPY I WAS ABLE TO HAVE IT CORRECTED AND IT GAVE ME BETTER BALANCE.

Think back to when you first started coming. What are a few things you can do now that you were unable to do before working with us?

WALKING IS THE MOST IMPORTANT WITHOUT PAIN.

Can you think of any other comments or advice you would give to future patients of Capital Area Physical Therapy and Wellness?

I WOULD RECOMMEND THIS CENTER TO MY FRIENDS EVEN THE ONES I DON'T LIKE.