



Andrew Gaetano, PT, DPT, OCS, CSCS
Evan Marsh, PT DPT
7 Hemphill Place Suite 130, Malta NY 12020
518-289-5242

**Congratulations on your graduation from physical therapy!
Thank you for all your hard work, attentive listening, and dedication**

We love hearing success stories from our patients, past and present

What are a few things you learned about physical therapy, your body, or your condition from coming to Capital Area Physical Therapy (how did we educate you on: pain, postures, positioning, body mechanics, how to protect yourself, etc)?

Taught me I was walking, standing, sitting wrong
for 15 yrs

Think back to when you first started coming. What are a few things you can do now that you were unable to do before working with us?

Balance better on L feet, walk properly, squat, stand,
sit better, strengthen calve muscles, have pelvis in neutral

Can you think of any other comments or advice you would give to future patients of Capital Area Physical Therapy and Wellness?

A farewell package of exercises things to look for
after stopping treatment, etc!