



Andrew Gaetano, PT, DPT, OCS, CSCS
Evan Marsh, PT DPT
7 Hemphill Place Suite 130, Malta NY 12020
518-289-5242

Congratulations on your graduation from physical therapy!
Thank you for all your hard work, attentive listening, and dedication

We love hearing success stories from our patients, past and present

What are a few things you learned about physical therapy, your body, or your condition from coming to Capital Area Physical Therapy (how did we educate you on: pain, postures, positioning, body mechanics, how to protect yourself, etc)?

Stretching is very important. Always maintain good posture

Think back to when you first started coming. What are a few things you can do now that you were unable to do before working with us?

move my head and look side to side
Have a pain free day

Can you think of any other comments or advice you would give to future patients of Capital Area Physical Therapy and Wellness?

Physical Therapy appts are important, but doing work at home in between appts is going to make a huge difference in your progress.